

**North Carolina State Laboratory of Public Health (NCSLPH)
Packaging & Shipping Instructions for Hemoglobinopathies**

<u>Shipping Method</u>	<u>Regulatory Agency</u>	<u>Classification</u>
US Postal Service	IATA	Not Subject
Courier	DOT	Not Subject

Maximum volume/capacity allowed: <50 ml whole blood per NCSLPH shipping container

Supplies needed:

1. **NCSLPH Sickle Cell Follow Up shipping container** with gray NCSLPH shipping label (Kit can be ordered from Mailroom. Item: MAILER, EMPTY, SICKLE CELL FOLLOW UP)
2. **Leak-proof secondary container** with attached biohazard label: inner can
3. **Patient samples:** whole blood EDTA collection tube(s) and/or microtainer(s) must be securely sealed and labeled.
4. **Cushioning and absorbent material***
5. Completed **requisition form** DHHS 1859WB for each specimen

Packaging Instructions:

1. Place the microtainer and/or venous tube with unique identifiers into a leak-proof secondary container marked with a biohazard symbol.
2. Place enough absorbent material (to soak up all of the liquid) inside the container. (paper towels, tissues, etc.)*
3. Close the secondary container and wrap the requisition form around the secondary container.
4. Place the secondary container with the form into the outer shipping container (with gray label).
5. Close the shipping container. (Make sure the gray NCSLPH shipping label is attached).
6. Place your return address label and shipper's initials on outside of shipping container.

If you have any questions about packaging specimens for transport, please contact Kristy Osterhout at 919-733-7834 or kristy.osterhout@dhhs.nc.gov.

DHHS 1859WB form can be printed from our website. Make sure to remove instructions from forms before mailing.

For additional information see <http://slph.ncpublichealth.com/clinical-chemistry/Hemoglobinopathies.asp> or call Sickle Cell Lab at 919-807-8615

*Not provided by NCSLPH